

HOLY WEEK Schedule

Saturday, April 12 & Sunday, April 13

Easter Parish Visit of the Shut-ins

Palm Sunday, April 13

10 A.M.: Divine Liturgy & Blessing of the Branches & Procession

Holy Monday, April 14

6:30 P.M.: Rite of the Coming to the Harbor & Divine Liturgy

Holy Tuesday, April 15

6:30 P.M.: Reconciliation Service for Easter in Church & Divine Liturgy

Holy Wednesday, April 16

6:30 P.M.: Ceremony of the Lamp (Blessing of Oil for the sick) & Divine Liturgy

(Holy) Thursday of the Mysteries, April 17

10:00 A.M.: the Church will be open for Eucharistic Adoration all day until 10:30 P.M.

6:30 P.M.: Divine Liturgy and the Washing of the Feet

8:30 P.M.: Holy Hour (organized by the Daughters of St. Ann)

9:30 P.M.: Holy Hour (organized by St. Maron Men's society)

Great (GOOD) Friday of the Crucifixion, April 18

7:30 A.M.: Mass of pre-sanctified gifts

3:00 P.M.: Outdoor Way of the Cross

4:00 P.M.: Meatless Dinner sponsored by the Daughters of St. Ann

6:30 P.M.: Adoration of the Cross & Burial of the Lord

Easter Sunday, April 20

Midnight & 10:00 A.M.: Easter Divine Liturgy followed by Easter Eggs distribution

New/Divine Sunday, April 27

10:00 A.M.: Divine Liturgy

11:15 A.M.: Easter Parish Party (Sponsored by St. Maron Men's society)

March 2014

S	M	T	W	T	F	S
2	3	4	5	6	☩	8
	Ash Monday					
9	10	11	12	13	☩	15
16	17	18	19	20	☩	22
23	24	25	26	27	☩	29
30	31					

GREAT LENT Schedule

Mass Schedule

Sundays: 10:00 A.M.

Tuesday – Thursday: 7:30 A.M.

Fridays: 6:30 P.M.: Divine Liturgy & Benediction of the Cross

Holy Days of Obligation: 6:30 P.M.

Ash MONDAY, March 03

6:30 P.M.: Divine Liturgy & Distribution of Ashes

Ash WEDNESDAY, March 05

7:30 A.M.: Divine Liturgy & Distribution of Ashes

For the convenience of some faithful of the Latin Church who may come to Mass at a Maronite Church on their Ash Wednesday, ashes that were blessed on Monday may be given to them after the Mass. However, ashes are not to be blessed again on this day.

Stations of the Cross

Fridays: 5:30 P.M.

GREAT (GOOD) FRIDAY, April 18

3:00 P.M.: Outdoor Way of the Cross

Liturgical Services

Sacrament of Penance (Confessions)

Ash Monday, March 03: 5:30 P.M. - 6:30 P.M.

Fridays: 6:10 P.M. - 6:30 P.M.

Sundays: 9:30 A.M.

Holy Rosary

Sundays: 9:30 A.M.

Devotion of Lenten Fridays

All parish priests are to celebrate the Benediction with the Cross every Friday of Lent except for the Great Friday of the Crucifixion. This service may be preceded by other popular devotions such as Evening Prayer (Ramsho), Stations of the Cross or even the Divine Liturgy. Benediction with the Blessed Sacrament should not take place on Fridays of Lent.

April 2014

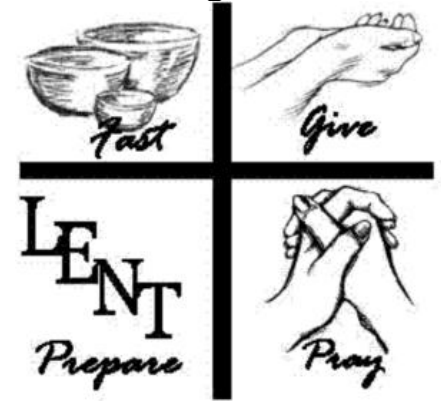
S	M	T	W	T	F	S
		1	2	3	☩	5
6	7	8	9	10	☩	12
13	14	15	16	17	☩	19
20	Easter Sunday			Holy Thursday	Great Friday	Holy Saturday

Saint Ann Maronite Catholic Church

1919 -3RD Avenue, Watervliet, NY 12189



Join the 2014 journey through Lent



Daily reflections, Practices & Prayers

Lent is the perfect time to offer ways to encounter Jesus Christ that will transform our lives and foster the New Evangelization.

The Church Building is Handicapped Accessible.

Lenten Observances 2014

Fasting in the Maronite Tradition

Fasting in the Maronite Church involves eating and drinking **nothing at all** (*except water and medicine*) **from midnight until noon**. The rest of the day normal meals can be taken but without meat.

PS: Pregnant women and persons who are sick are not required to fast.

Weekdays of Lent

There is no obligation to fast. However, voluntary acts of self denial are recommended.

Ash Monday & Great Friday

These are days of **Fast and Abstinence from meat**, for every person who is physically capable (18-60 yrs old). All who are physically capable are to fast on these 2 days.

Fridays of Lent

All who have reached their 14th birthday, and they are physically capable, are to abstain from meat on Ash Monday and all Fridays of Lent.

Easter Duty Obligation

After they have received their First Holy Communion, Catholics are bound by obligation to receive Holy Communion at least once a year. This precept should be fulfilled during the Easter Season. Catholics are also bound to confess their sins at least once a year, but this is not limited to the Lenten and Easter Season.

The Season of Great Lent

On Ash Monday, March 03, we begin the 40 day journey of Lent when Christians, through the disciplines of prayer, fasting and self-denial, strengthen our relationship with God.

We will seek to identify and repent of those obstacles in our life that mar God's image and prevent us from recognizing His plan for our well being. Ash Monday always falls 48 days before Easter.

For Western Christians, Lent begins with Ash Wednesday. For Eastern Rite Catholics, however, Great Lent begins two days before the Western date of Ash Wednesday.

Ash Monday is a reminder that we should begin Lent with good intentions and a desire to clean our spiritual house. It is a day of strict fasting for Eastern Catholics, including abstinence from meat.

A Day of Repentance

The distribution of ashes reminds us of our own mortality and calls us to repentance. In the early Church, Ash Monday was the day on which those who had sinned, and who wished to be readmitted to the Church, would begin their public penance. The ashes that we receive are a reminder of our own sinfulness, and many Catholics leave them on their foreheads all day as a sign of humility.

Fasting and Abstinence Are Required

The Church emphasizes the penitential nature of Ash Monday by calling us to fast and abstain from meat. Catholics who are over the age of 18 and under the age of 60 are required to fast, which means that they can eat only one complete meal and two smaller ones during the day, with no food in between. Catholics who are over the age of 14 are required to refrain from eating any meat, or any food made with meat, on Ash Monday and Great Friday.

Taking Stock of Our Spiritual Life

This fasting and abstinence is not simply a form of penance, however; it is also a call for us to take stock of our spiritual lives. As Lent begins, we should set out specific spiritual goals we would like to reach before Easter and decide how we will pursue them—for instance, by going to daily Mass when we can and receiving the Sacrament of Confession more often.

Lenten Challenge

The Next 40 Days Can Revolutionize Your Walk with God A New Testament Reading Guide for Lent 2014

What if you spent the next 40 days walking alongside Jesus, listening to His life-changing teachings, visiting churches with Paul, and falling more in love with God with each turning page?

Now reading the entire New Testament in 40 days isn't easy. It demands intentionality. It requires us to reach for the Bible instead of Facebook, Twitter, Pinterest, or any other Mass Media Interest. Commit each day to reading for approximately a half hour or so.

- ✦ **Ask** God to open your eyes, ears, and heart to what He has prepared for you as you read each day.
- ✦ **Write** a checkmark or X in the box when you finish that day's reading.
- ✦ **Celebrate** the wonder of God's Word each Sunday. There are no assigned readings on Sundays; feel free to rest or catch-up on missed readings.
- ✦ **Share** what God is revealing to you during Lent.

Our prayer is that at the end of 40 days, you'll feel so spiritually full you'll never want to live on empty again.

WEEK ONE

Monday, March 3	<input type="checkbox"/> Matthew 1 - 4
Tuesday, March 4	<input type="checkbox"/> Matthew 5 - 9
Wednesday, March 5	<input type="checkbox"/> Matthew 10 - 14
Thursday, March 6	<input type="checkbox"/> Matthew 15 - 19
Friday, March 7	<input type="checkbox"/> Matthew 20 - 24
Saturday, March 8	<input type="checkbox"/> Matthew 25 - end

WEEK TWO

Monday, March 10	<input type="checkbox"/> Mark 1 - 5
Tuesday, March 11	<input type="checkbox"/> Mark 6 - 11
Wednesday, March 12	<input type="checkbox"/> Mark 12 - end
Thursday, March 13	<input type="checkbox"/> Luke 1 - 4
Friday, March 14	<input type="checkbox"/> Luke 5 - 8
Saturday, March 15	<input type="checkbox"/> Luke 9 - 12

WEEK THREE

Monday, March 17	<input type="checkbox"/> Luke 13 - 19
Tuesday, March 18	<input type="checkbox"/> Luke 20 - end
Wednesday, March 19	<input type="checkbox"/> John 1 - 4
Thursday, March 20	<input type="checkbox"/> John 5 - 8
Friday, March 21	<input type="checkbox"/> John 9 - 12
Saturday, March 22	<input type="checkbox"/> John 12 - 16

WEEK FOUR

Monday, March 24	<input type="checkbox"/> John 15 - end
Tuesday, March 25	<input type="checkbox"/> Acts 1 - 6
Wednesday, March 26	<input type="checkbox"/> Acts 7 - 11
Thursday, March 27	<input type="checkbox"/> Acts 12 - 17
Friday, March 28	<input type="checkbox"/> Acts 18 - 23
Saturday, March 29	<input type="checkbox"/> Acts 24 - end

WEEK FIVE

Monday, March 31	<input type="checkbox"/> Romans 1 - 8
Tuesday, April 1	<input type="checkbox"/> Romans 9 - end
Wednesday, April 2	<input type="checkbox"/> 1 Corinthians 1 - 8
Thursday, April 3	<input type="checkbox"/> 1 Corinthians 9 - 16
Friday, April 4	<input type="checkbox"/> 2 Corinthians 1 - end
Saturday, April 5	<input type="checkbox"/> Galatians 1 - end

WEEK SIX

Monday, April 7	<input type="checkbox"/> Ephesians 1 - end
Tuesday, April 8	<input type="checkbox"/> Philippians & Colossians
Wednesday, April 9	<input type="checkbox"/> 1 Thessalonians & 2 Thess.
Thursday, April 10	<input type="checkbox"/> 1 Timothy & 2 Timothy
Friday, April 11	<input type="checkbox"/> Titus & Philemon & Hebrews 1 - 7
Saturday, April 12	<input type="checkbox"/> Hebrews 8 - end

WEEK SEVEN

Monday, April 14	<input type="checkbox"/> James
Tuesday, April 15	<input type="checkbox"/> 1 Peter & 2 Peter
Wednesday, April 16	<input type="checkbox"/> 1 & 2 & 3 John & Jude
Thursday, April 17	<input type="checkbox"/> Revelation 1 - 7
Friday, April 18	<input type="checkbox"/> Revelation 8 - 16
Saturday, April 19	<input type="checkbox"/> Revelation 17 - end